

Dagala Thousand Lakes Trek - 9 Days

9 days / 8 nights · Trekking · Bhutan

Six days of trekking to the Dagala Thousand Lakes region's alpine lakes and ridgelines, with panoramic Himalayan views and a closing hike to Taktsang Monastery.

BEST SEASON	Spring (March–May) and Autumn (September–November)
DESTINATIONS	Paro, Thimphu

Ready to go? Ask us for a personal quote

https://www.worldtourplan.com/tours/dagala-thousand-lakes-trek-9-days

+975 17789278 · info@worldtourplan.com

OVERVIEW

This moderate-to-challenging trekking expedition explores the Dagala Thousand Lakes region, with six trekking days out of nine. Hiking to exquisite mountain lakes, through alpine meadows and over ridges, delivers panoramic Himalayan views including Everest, Kanchenjunga, and Chomolhari. The itinerary combines trekking with time in Paro and Thimphu and culminates with a pilgrimage hike to Taktsang Monastery.

HIGHLIGHTS

- Alpine lakes: Relitsho, Hentsho, and Jametsho
- The Dala Tsho trail
- Tale La mountain pass crossing
- Taktsang Monastery pilgrimage hike

PLACES COVERED

Paro › Thimphu

DAY BY DAY

DAY 1 Paro Airport arrival to Thimphu Valley

Arrive in Paro and drive to Thimphu.

Meals: Dinner | Overnight: 3-star hotel, Thimphu

DAY 2 Trek begins: Thimphu – Geynekha – Gur

Begin trekking toward Gur.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 3 Gur – Labatama

Continue trekking to Labatama.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 4 Labatama (rest day)

A rest day exploring the alpine lakes around Labatama.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 5 Labatama – Panka

Cross Tale La pass toward Panka.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 6 Panka – Tsheregang

Continue trekking to Tsheregang.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 7 Trek ends: Talikha – Chamgang

Descend to the trailhead at Chamgang.

Meals: Breakfast, Lunch, Dinner | Overnight: 3-star hotel, Paro

DAY 8 Paro; pilgrimage hike to Taktsang Monastery

Hike to Taktsang (Tiger's Nest) Monastery.

Meals: Breakfast, Lunch, Dinner | Overnight: 3-star hotel, Paro

DAY 9 Departure

Transfer to Paro International Airport for departure.

Meals: Breakfast

WHAT'S INCLUDED

- Sustainable Development Fee
- 3-star hotel accommodations (twin/double sharing)
- E-visa processing
- Private tour with dedicated guide and driver
- All meals (breakfast, lunch, dinner, evening tea)
- Airport and internal transportation
- Sightseeing and entrance fees per itinerary
- Hotel taxes and service charges
- Bottled water throughout
- Guide, cook, and helper services
- Ponies/yaks for supply transport

- Trekking permits, tents, and camping equipment

WHAT'S NOT INCLUDED

- International or domestic flights
- Travel/medical insurance
- Guide and driver domestic airfare costs
- Services not listed in inclusions
- Expenses from strikes, weather, or unforeseen events
- Beverages and personal expenses
- Gratuities for staff

PRICING

The price depends on nationality, group size, season and travel dates. Contact us for a personal quote for this itinerary.