

Sagala Trek – 8 Days

8 days / 7 nights · Trekking · Bhutan

A trek from the Haa Valley to Paro across meadows and virgin forest, with panoramic views of Mount Jomolhari and Taktsang Monastery.

BEST SEASON	Spring (March–May) and Autumn (September–November)
DESTINATIONS	Paro, Thimphu

Ready to go? Ask us for a personal quote

https://www.worldtourplan.com/tours/sagala-trek-8-days

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OVERVIEW

The Sagala Trek traverses from the Haa Valley to Paro, crossing beautiful meadows and virgin forests rich in flora and fauna. A primary attraction is the panoramic view from the pass, showcasing Mount Jomolhari, Mount Drageygang, Drukgyel Dzong, and Taktsang Monastery alongside Haa valley vistas — combined with cultural immersion in local communities.

HIGHLIGHTS

- Panoramic views of Mount Jomolhari and Mount Drageygang
- Drukgyel Dzong ruins
- Cultural immersion with Haa valley communities
- A day hike to Taktsang Monastery near the trek's end

PLACES COVERED

Paro › Thimphu › Haa Valley

DAY BY DAY

DAY 1 Arrive Paro – Thimphu

Arrive in Paro and drive to Thimphu.

Meals: Dinner | Overnight: 3-star hotel, Thimphu

DAY 2 Thimphu sightseeing

A day of sightseeing in the capital.

Meals: Breakfast, Lunch, Dinner | Overnight: 3-star hotel, Thimphu

DAY 3 Thimphu – Haa

Drive to the Haa Valley.

Meals: Breakfast, Lunch, Dinner | Overnight: 3-star hotel, Haa

DAY 4 Trek begins: Haa – Khadey Gom

Begin trekking from Haa to Khadey Gom.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 5 Khadey Gom – Dongney Tsho

Continue trekking to Dongney Tsho.

Meals: Breakfast, Lunch, Dinner | Overnight: Camping

DAY 6 Trek ends: Dongney Tsho – Drukgyel Dzong

Descend to the Drukgyel Dzong ruins.

Meals: Breakfast, Lunch, Dinner | Overnight: 3-star hotel, Paro

DAY 7 Paro — hike to Taktsang Monastery

Hike to Taktsang (Tiger's Nest) Monastery.

Meals: Breakfast, Lunch, Dinner | Overnight: 3-star hotel, Paro

DAY 8 Depart Paro

Transfer to Paro International Airport for departure.

Meals: Breakfast

WHAT'S INCLUDED

- Sustainable Development Fee (SDF)
- 3-star hotel accommodation (twin/double sharing)
- Bhutan e-visa
- Private tour with dedicated guide and driver
- All buffet meals (breakfast, lunch, dinner, evening tea)
- In-country transportation and airport transfers
- Local sightseeing with entrance fees
- Hotel taxes and service charges
- Bottled water throughout
- Trekking permits and equipment
- Guide, cook, and helper services
- Pack animals for supplies

WHAT'S NOT INCLUDED

- International/domestic airfares
- Travel and medical insurance
- Domestic airfare for guide/driver
- Beverages and personal expenses
- Costs from unforeseen circumstances (strikes, political issues)
- Gratuities for staff

PRICING

The price depends on nationality, group size, season and travel dates. Contact us for a personal quote for this itinerary.